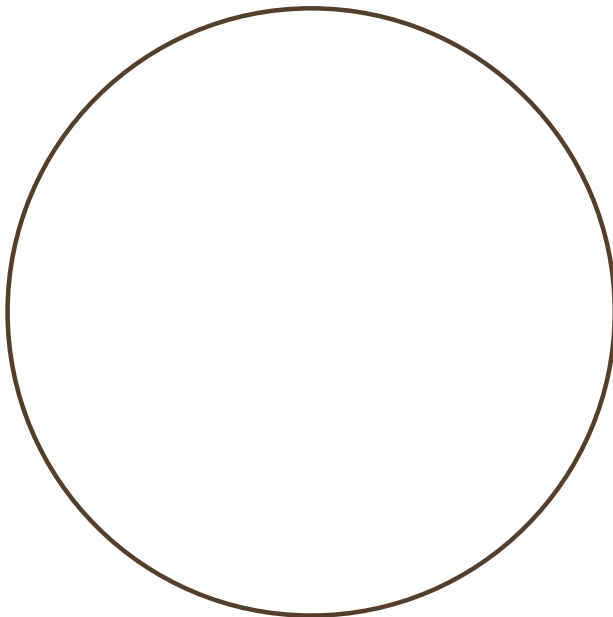


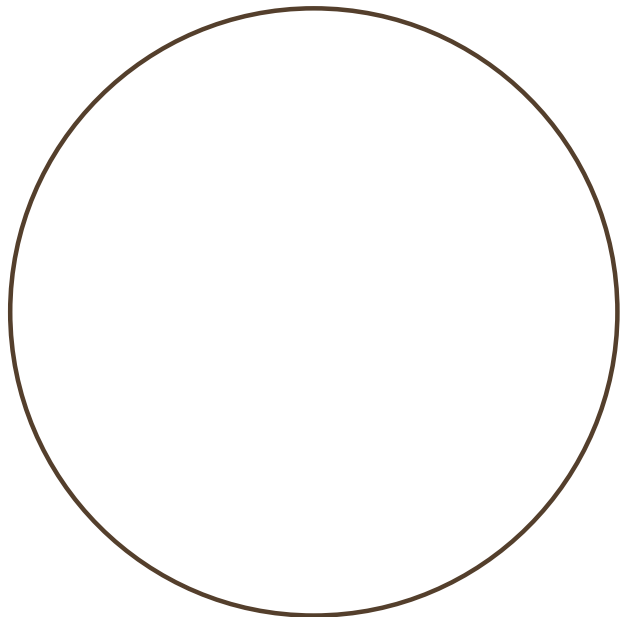
The Desired PIE

How do you currently spend your time? Taking a typical week, divide it into percentages within the 'Current' circle. Then think about how you would actually like to spend your time and carry out the same exercise using the 'Desired' circle to get a graphical representation of how you wish your life to be split

**Current
Life**



**Desired
Life**



Now look at both pie's...

What similarities and differences do you notice between the pies?

What changes, could you make to be more productive and satisfied with your life overall?

Bryony Wilken